

## Covid 19 Risk Assessment for Club Racing

### Sidmouth Sailing Club Coronavirus related Risk Matrix and Definitions

Likelihood of Occurrence	
3	Highly Likely to occur <i>multiple times during the season</i>
2	Occasional – Likely to occur <i>once during the season</i>
1	Extremely unlikely to occur during the season
Severity of Impact based on the potential exposure to the virus (viral load)	
3	Exposure to a situation which massively increases the risk of exposure to the virus and/or where there is potential for a high viral load. For example:- over a prolonged period >15 mins in an enclosed space or >1 hr in an outside space. OR Exposure to a surface which potentially could be heavily contaminated with the virus ie. Frequently used touch point by multiple people within the last 72 hours.
2	Exposure to a situation which greatly increases the risk of exposure to the virus and/or where there is potential to receive a medium viral load. For example:- over a short period of time < 15mins in an enclosed space or 10<60 mins in an open space). OR Exposure to a surface which potentially could have a medium level of contamination from the virus ie. less commonly used touch point by multiple people within the last 72 hours
1	Exposure to a situation which slightly increases the risk of exposure to the virus and/or where there is a potential to receive a Low viral load. For example:- over a very short period of time <15 mins in an open space). OR Exposure to a surface which potentially could have a low or negligible level of contamination from the virus ie. Uncommonly touched surfaces or those which have been untouched for greater than 72 hours.

Likelihood	RISK MATRIX		
3	3 Medium	6 High	9 High
2	2 Low	4 Medium	6 High

1	1 Low	2 Low	3 Medium
Severity of Impact	1	2	3

### Covid 19 Risk Assessment for Club Racing - To be read with the SSC Coronavirus Risk Matrix

**Note: 1) This RA only applies to extra risks associated with Coronavirus**

**2) The clubhouse is currently closed and members will not have access to the changing rooms or showers**

	Extra hazards	Activity	Likelihood of Occurrence N	Severity of impact I	Estimated Risk before Control N x I	Primary control measures	Likelihood of Occurrence N	Severity of impact I	Overall Risk following Mitigation N x I
1	Transmission of Virus particles in breath	Members come into contact with each other ie. less than 1 metre distance whilst rigging or de-rigging their boat in the dinghy park	3	2	6 (High)	Members instructed to comply with social distancing requirements at all times (ideally >2m or 1+m with a face mask), recognising that this may mean moving the boat to another area if other people are rigging boats nearby. Members requested to remove boats which are not to be sailed. Dinghies to be used are to be made more accessible. Members requested to reduce groupings to 6 or less. Members rig boats on the beach.	2	1	2 Low

2	Transmission of Virus particles in breath OR transmission by touching contaminated surfaces	Members come into contact with each other ie. less than 1 metre distance whilst they 'sign on' in the garage. Members come into contact with each other in the confined space of the garage when collecting sails/foils for the club boat.	3	2	6 (High)	Members asked to avoid entering the garage. Once the patrol boats have been removed a maximum of 6 people should be in the garage at one time. Members who normally store foils/sails in the garage are encouraged to remove them and store them in their boat. Competitors sign on with race officer directly. Race officer uses pen. Members social distance from race officer.	1	2	2 (Low)
3	Transmission of Virus particles in breath	Members come into contact with each other ie. less than 1 metre distance whilst rigging their boats on the beach.	2	2	4 (Med)	Members instructed to comply with social distancing requirements at all times (ideally >2m or 1+m with a face mask), recognising that may mean moving the boat to another part of the beach. Members requested to reduce groupings to less than 6.	2	1	2 Low
4	Transmission of Virus particles in breath	Members come into contact with each other ie. less than 1 metre distance whilst launching and recovery of Patrol boat on a trailer from/to the club compound using manpower to push/pull	3	2	6 (High)	Once the patrol boats have been removed a maximum of 6 people should be in the garage at one time. A system involving 5 club members moving the patrol boat has been practised and refined. Club members are socially distanced whilst pulling boat to shore and launching. An electric winch has been purchased and this is used to pull the patrol boat up the beach.	1	2	2 Low

5	Transmission of Virus particles in breath OR transmission by touching contaminated surfaces	Patrol boat helm and crew are unlikely to be from the same household. Difficult to socially distance in the patrol boat.	3	2	6 (high)	<p>The patrol boat can be helmed by one person. This has a potential impact on the patrol boat identifying sailors who need support so:-</p> <p>In green conditions a maximum of 10 dinghies will be able to sail per patrol boat.</p> <p>In amber conditions a maximum of 5 (experienced) dinghies will be able to sail per patrol boat.</p> <p>Face mask carried in patrol boat.</p> <p>Race Officer to assist by visually checking competitors and communicating as required to patrol boat.</p> <p>Mixed households in a patrol boat is not encouraged however where two people wish to crew a patrol boat they will both need to carry out their own risk assessment. The 2 meter rule (or 1 + extra precautions e.g. face masks) should be followed. They should be aware of the RYA guidance on sailing and mixed households.</p> <p><a href="https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf">https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf</a></p>	1	1	1 (low)
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5	Transmission of Virus particles by touching contaminated surfaces	Members come into contact with surface of patrol boat (potentially infected with the virus) during launch and recovery of Patrol boat on a trailer from/to the club compound using manpower to push/pull	3	2	6 (High)	<p>It is likely that the patrol boat will only be used on a Wednesday and Saturday and hence in excess of 60 hours between use. The patrol boat will be sprayed before and after use with a solution of detergent and bleach. This will need to be washed off to prevent damage to the patrol boat.</p> <p>Members involved in the launch /recovery process will be aware of the requirement to be in a group of less than 6 and comply with social distancing requirements (ideally &gt;2m or 1+m with a face covering), They will be required to wash or sanitise their hands before and after the launch/recovery. All sailors/patrol boat helms are expected to carry hand sanitizer on their person. Sanitiser is also available in the garage.</p>	3	1	3 (med)
6	Transmission of Virus particles by touching contaminated surfaces	Duty race officer and assistant race officer come into contact with surfaces or equipment in the crows nest which are potentially infected with the virus whilst carrying out their Race Management duties.	3	2	6 (High)	<p>All races will be started from the crows nest.</p> <p>Race officers to be reminded to have good respiratory and hand hygiene. Windows and doors to be open and members to different households should maintain a 2m distance (or 1 + extra precautions e.g. face masks). Equipment/flags will generally be used only on a Wednesday and Saturday. Frequently used surfaces in the crows nest to be wiped over after sailing with antiseptic spray.</p> <p>Radio's to be sprayed with cleaning products.</p> <p>Club doors to remain locked during sailing to ensure no unauthorised</p>	1	1	1 Low

						access to the bar area or toilets. Fire exits to be secured but easily accessible from the crows nest.			
7	Transmission of Virus particles by touching contaminated surfaces	Patrol Boat helm to come into contact with the race marks (potentially infected with the virus) whilst setting the course	3	2	6 (High)	Fixed Marks will be deployed if possible to avoid all contact with marks. Where inflatable marks are added-60 hours will be left between uses.	1	1	<b>1 Low</b>
8	Transmission of Virus particles in breath OR transmission by touching contaminated surfaces	Patrol Boat crew comes into contact with a competitor whilst retrieving a sailor out of the water onto a patrol rib/launch following a capsized or incident	2	3	6 (High)	Patrol Boat crews have access to PPE (face mask). Patrol boats has a long tow rope to allow boats be towed at a distance. Patrol boat crews should wear a face mask if they are closer than 1 meter to a sailor. Race Officer /OOD to enforce a reduced upper wind limit (amber) to reduce the likelihood that the patrol boats will be required to undertake a rescue. Only experienced sailors to sail when conditions are amber. Members reminded of the importance of ensuring their equipment is seaworthy and that they are competent at rigging and derigging their boat before sailing.	1	2	<b>2 Low</b>

9	Transmission of Virus particles in breath	Members come into contact with each other ie. less than 1 meter distance whilst launching and recovering boats	3	2	6 (High)	<p>Members instructed to comply with social distancing requirements at all times (ideally &gt;2m or 1+m with a face mask).</p> <p>Suggested procedure for recovering dinghy's practiced and shared with membership.</p> <p>Members to carry hand sanitizer and use it before and after handling dinghy's and trolleys.</p> <p>All trolleys to have a long rope which allows dinghy's to be pulled up the beach.</p> <p>Use of the electric winch to pull up dinghy's when available.</p> <p>Members requested to reduce groupings to less than 6.</p> <p>Members to be strongly encouraged to wear face covering during launch and recovery.</p>	2	1	2 Low
10	Transmission of virus due to failure of members to comply with advice/procedures.	Members fail or unable to follow risk assessment	3	2	6(high)	<p>Sailing members are required to rejoin the sailing club and provide up to date email and phone details. These will be used to contact sailors directly.</p> <p>Risk assessment to be published on website and sent to members when they join.</p> <p>Members must confirm they understand the protocols when they sign on to race (part of the signing on sheet).</p> <p>Sailing committee members have practiced patrol boat and dinghy launch and recovery procedures.</p> <p>Race officer/OOD briefings to take place with groups socially distanced groups. The briefing will check to</p>	2	1	2 (low)

						ensure all sailors understand the procedures for launch and recovery of dinghies.			
11	Transmission of Virus particles by touching contaminated surfaces	Members have shared use of club boats.	3	2	6 (high)	Club boats to be sprayed with a bleach/detergent mix before and after use. Club boats would normally be left unused from Wednesday to Saturday (about 65 hours)	1	1	3 (med)
12	Use of spray to clean patrol boats and club dinghies.	Members get detergent/bleach mix in eyes.	2	2	4	Pressure spray bottles used considerably and away from other people. Bottles diluted in advance. Spray bottles carry hazard warning. COSHH sheets available.	2	1	2 (low)
13	Transmission of Virus particles transmission by touching contaminated surfaces	Members have shared use of club tools	3	2	6	Access to the tools in the garage will be limited to the safety boat bosuns, regular patrol boat hems and to the vice commodores. Hands to be sanitized before and after use of tools. Tools to be kept in lock cupboard which other members can't access. All other members to be asked to use their own tools.	2	2	4 (med)



14	Transmission of Virus particles transmission by touching contaminated surfaces and in breath	Members have shared use of the hose pipe and have to enter the garage (confined space) to turn the hose on and off.	3	2	6	<p>Hose pipe adapted to be added to the end of the hose to allow the flow of water to be controlled without turning off the tap. Detergent/bleach spray available to clean hose pipe. Hands to be sanitized before and after use.</p>	2	1	2 (low)
15	Transmission of Virus particles in breath OR transmission by touching contaminated surfaces	Crews from different households sailing the same dinghy or cruiser come into close contact with each other ie. less than 1 metre distance whilst racing and/or come into contact with the ropes/equipment on the boat that are potentially infected with the virus.	3	3	9 (High)	<p>Members are encouraged only to sail together on the same boat when they are from the same household.</p> <p>If this is not possible, members are aware of the risks associated with sailing with other people from different households and the need to take appropriate mitigating actions to minimise the risks of catching coronavirus. Mitigations to be considered include wearing face coverings and cleaning the ropes, equipment &amp; boat following use with sanitiser.</p> <p>Members are alerted to the RYA guidance on sailing &amp; racing with participants from different households during COVID-19 in England. <a href="https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf">https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf</a></p>	?	?	<p><b>OPEN Risk level unassessed as it is entirely dependent on measures taken by the individuals – for which they are solely responsible</b></p>

16	Risk of hypothermia due to sailing in cold weather	Members capsizing or getting wet and cold whilst sailing	2	2	4	Club changing rooms will not be open The key to the garage is to be kept with the race office. Competitors who return to shore during a race should alert the patrol boat to ensure the race officer is aware. The race officer has access to blankets and a hot drink in an emergency. Competitors will be reminded of the importance of wearing suitable clothing whilst sailing. Advise may be offered to inexperienced sailors.	2	1	3
17	Transmission of Virus particles in breath OR transmission by touching contaminated surfaces	Members sharing changing facilities and toilets	2	1	3	Club changing rooms not to be open. Club members to be reminded to arrive to the club ready to sail. Club toilets to only be used in an emergency and only by club members. Members should not change in the toilets. The doors to the club and garage are to be locked whilst sailing takes place.	1	1	2

**Based on this risk assessment and with no further reasonably practicable risk reduction measures identified or outstanding, The Residual Risk for Club Racing is deemed both 'Broadly Acceptable' and 'As Low As Reasonably Practicable' (ALARP).**